

**POLESTAR PILATES MENTORS/EDUCTORS - AUSTRALIA**

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Ph	Studio Name	Studio Address
Louise	Kan	ACT	Educator	Mat, Studio, Reformer	<a href="mailto:louise@polestarpilates.com.au">louise@polestarpilates.com.au</a>	0417 040 974		Centre Space Pilates	18 Jansz Cres Griffith 2603
Nicole	Punch	ACT	Asst Educator	Mat, Studio, Reformer	<a href="mailto:nicole.punch@clinic88.com.au">nicole.punch@clinic88.com.au</a>	0437 584 832	02 6253 2388	Clinic 88 Pilates	2A Lawry Place, Macquarie ACT 2614
Claire	Gunther	ACT	Mentor	Mat, Studio, Reformer	<a href="mailto:claire@pilatescan.com.au">claire@pilatescan.com.au</a>	0409 592 229	0419 777 477	PilatesCan Manuka PilatesCan Woden	Level 1, Manuka Arcade, 22 Franklin Street, Manuka ACT 2603 Level 2, Canberra Health Point, 16 Wilbow Street, Woden ACT 2607
Ashlee	Bye	ACT	Mentor	Mat	<a href="mailto:ashlee.sam@hotmail.com">ashlee.sam@hotmail.com</a>	0407 488 756	02 6253 2388	Clinic 88 Pilates	2A Lawry Place, Macquarie ACT 2614
Joanne	Bezzina	NSW	Educator	Mat, Studio, Reformer	<a href="mailto:joanne@polestarpilates.com.au">joanne@polestarpilates.com.au</a>	0407 485 468		Pilates on George	Suite 16a, Level 9, 428 George Street Sydney, NSW 2000
Catherine	Giannitto	NSW	Educator	Mat, Studio, Reformer	<a href="mailto:catherine@polestarpilates.com.au">catherine@polestarpilates.com.au</a>	0416 117 069	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Luisa	Saiter Lins	NSW	Educator	Mat, Studio, Reformer	<a href="mailto:luisa@polestarpilates.com">luisa@polestarpilates.com</a>	0411 314 956		Plank Pilates	Suite 1/6-8 Waterloo Street, Narrabeen NSW 2101
Debbie	Thomas	NSW	Educator	Mat, Studio, Reformer	<a href="mailto:deborah@polestarpilates.com.au">deborah@polestarpilates.com.au</a>	0419 244 075	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lissie	Field	NSW	Ass Educator	Mat, Studio, Reformer	<a href="mailto:lissie@polestarpilates.com">lissie@polestarpilates.com</a>	0414 583 872	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Audrey	Morrison	NSW	Ass Educator	Mat, Studio, Reformer	<a href="mailto:audreyg@polestarpilates.com.au">audreyg@polestarpilates.com.au</a>	0413 873 871	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Angela	Black	NSW	Ass Educator	Mat, Studio, Reformer	<a href="mailto:angela@polestarpilates.com.au">angela@polestarpilates.com.au</a>	0414 946 452		Mission Possible Fitness	U10/22 Lexington Dr, Bella Vista NSW 2762
Sarah	Barrett	NSW	Ass Educator	Mat, Studio, Reformer	<a href="mailto:sarah@polestarpilates.com.au">sarah@polestarpilates.com.au</a>	0407 998 443	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Tracy	Gerza	NSW	Ass Educator	Mat, Reformer	<a href="mailto:tracy.gerza_fdcdesign@live.com">tracy.gerza_fdcdesign@live.com</a>	0431 442 736		Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Karin-Anne	Abercrombie	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:karin_abcrombie@hotmail.com">karin_abcrombie@hotmail.com</a>	0420479 936		The Pilates Boutique	10 Daisy St North Balgowlah 2093
Joscelyn	Baker	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:joscelyntbaker@gmail.com">joscelyntbaker@gmail.com</a>	0405 645 700	02 9091 9400 0415 715 052	Polestar Pilates Village Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100 7 17/15 Stanley St, St. Ives NSW 2075
Pei-Jiun	Cheah	NSW	Mentor	Studio/Rehab	<a href="mailto:peijiun.cheah@gmail.com">peijiun.cheah@gmail.com</a>	0404 481 652	028068 4696	Mind Heart Body Centre	Suite 3, 92 Hampden Road, Artarmon 2064
Pamela	Facundo	NSW	Mentor	Rehab, Reformer	<a href="mailto:pam_clapis@hotmail.com">pam_clapis@hotmail.com</a>	0430 943 989		Mg Pilates The Pilates Nook	128A Erskineville Road, Erskineville 38C Macpherson Street, Bronte NSW 2024
Melissa	Franks	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:melissasinawski@hotmail.com">melissasinawski@hotmail.com</a>	0424 467 751		Esprit Pilates & PT	15 Macquarie Pl Glossodia NSW 2756
Shira	Rosenberg	NSW	Mentor: Rehab MIT: Mat	Studio/Rehab	<a href="mailto:shiraq23@gmail.com">shiraq23@gmail.com</a>	0414 914 796		The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Carrie	Guest	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:hello@thepilatesnook.com.au">hello@thepilatesnook.com.au</a>	0410 903 871	0410 903 871	The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Emma	Horning	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:emma_mail@hotmail.com">emma_mail@hotmail.com</a>	0420436 620	02 9968 3424	SquareOne Physio & Pilates	1/374 Sydney Road, Balgowlah NSW 2093 Lvl 1, Bridgepoint Shopping Cntr Cnr Military Rd & Brady St, Mosman NSW
Lana	Johnson	NSW	Mentor	Studio/Rehab	<a href="mailto:lane@bpstensegrity.com">lane@bpstensegrity.com</a>	0424 972 386	02 8544 1757	BPS Tensegrity	Unit 16, 70-72 Captain Cook Drive, Taren Point, NSW 2229
Karen	Lee	NSW	Mentor	Mat, Studio, Reformer	<a href="mailto:karen.lee.at.manly@gmail.com">karen.lee.at.manly@gmail.com</a>	0431 349 597	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lucy	Watts	NSW	Mentor: Studio MIT: Mat	Studio/Rehab	<a href="mailto:info@studio2158.com.au">info@studio2158.com.au</a>	0413 329 270		Studio 2158	895 Old Northern Road, Dural, NSW 2158
Lauren	MCGrath	NSW	Mentor	Mat + Studio	<a href="mailto:lauren.k.mc@hotmail.com">lauren.k.mc@hotmail.com</a>	0425 286 945		Lauren Kate & Co Ripple Physio & Pilates	Home studio in Stanhope Gardens Boacks Road, Oakville NSW 2765
Monica	Garcia	NSW	Mentor	Reformer	<a href="mailto:hello@attheflowstate.com">hello@attheflowstate.com</a>	0411 168 525		Pilates on George The Flow State	Level 9, 428 George St, Sydney NSW 2000 103 Foveaux Street, Surry Hills 2010
Kimberley	Garlick	NSW/QLD	Educator	Mat, Studio, Reformer	<a href="mailto:kimberley@polestarpilates.com.au">kimberley@polestarpilates.com.au</a>	0411 622 330	02 6622 0057	Northern Rivers Pilates and Remedial Massage	100 Magellan St, Lismore NSW 2480
Susan	Cottrell	QLD	Educator	Mat, Studio, Reformer	<a href="mailto:susan@polestarpilates.com.au">susan@polestarpilates.com.au</a>	0414 996 825	07 3358 3915	The Body Refinery	2/15 Lamington St New Farm
Katherine	Ma	QLD	Educator	Mat, Studio, Reformer	<a href="mailto:katherinema@polestarpilates.com.au">katherinema@polestarpilates.com.au</a>	0408 066 028		Pure Living Pilates	2 Executive Drive, Burleigh Waters QLD
Keely	Mancini	QLD	Ass Educator	Mat, Studio, Reformer	<a href="mailto:keely@polestarpilates.com">keely@polestarpilates.com</a>	0424 609 493		Pilates Box Woolloowin	16 Price Street Woolloowin 4030
Kristen	Eales	QLD	Mentor MIT - Mat	Mat, Studio, Reformer	<a href="mailto:kristen.eales@thebodyrefinery.com.au">kristen.eales@thebodyrefinery.com.au</a>	0415 445 469	07 3358 3915	The Body Refinery	Unit 2/15 Lamington Street, New Farm, Qld, 4005
Lexi	Garland	QLD	Mentor	Mat, Reformer	<a href="mailto:lexi.garland@thebodyrefinery.com.au">lexi.garland@thebodyrefinery.com.au</a>	0424 279 401		The Body Refinery	Unit 2/15 Lamington Street, New Farm, Qld, 4005
Sarah Mentor List October 2021	Holloway	QLD	MIT-Studio Mentor-Mat	Mat	<a href="mailto:sarah.holloway@thebodyrefinery.com.au">sarah.holloway@thebodyrefinery.com.au</a>	0438 190 060	07 3358 3915	The Body Refinery	Unit 2/15 Lamington Street, New Farm, Qld, 4005

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Ph	Studio Name	Studio Address
Melanie	North	QLD	Mentor	Mat, Studio, Reformer	<a href="mailto:melanieknorth@icloud.com">melanieknorth@icloud.com</a>	0433 587 075		Noosa Exercise Phys & Pilates	3/2 Grasstree Crt, Sunrise Beach QLD 24 Duke St, Sunshine Beach, QLD
Maria Alejandra	Poggioli	QLD	MIT-Studio+Ref Mentor-Mat	Mat	<a href="mailto:marava@kokoafit.com">marava@kokoafit.com</a>	0421 102 145		KokoaFit Pilates Studio	43 Victoria Av. Chelmer QLD
Rachel	Reid	QLD	Mentor	Mat, Studio, Reformer	<a href="mailto:rachel.lee.reid@gmail.com">rachel.lee.reid@gmail.com</a>	0402 424 504	02 6685 8049	Byron Bay Pilates & Physiotherapy	Shop 5, 130 Jonson St, Byron Bay
Kendra	Till	QLD	Assistant Edu - Mat/Ref	Mat, Reformer	<a href="mailto:kendratill@gmail.com">kendratill@gmail.com</a>	0422 148 741		Recover Wellbeing Ritual Yoga & Pilates	8 Thrower Drive, Currumbin QLD 4223 9 Palm Beach Ave, Palm Beach QLD 4221
Jenni	Guest	SA	Educator	Mat, Studio, Reformer	<a href="mailto:jenni@polestarpilates.com.au">jenni@polestarpilates.com.au</a>	0438 296 613	08 8293 1100	Smart Health Trg Svs	12/22 Richmond Rd, Keswick SA 5035
Brad	Jamieson	SA	Educator	Mat, Studio, Reformer	<a href="mailto:brad@polestarpilates.com.au">brad@polestarpilates.com.au</a>	0414 781 466		Extend Pilates	193 Port Rd Queenstown SA
Kylie	Rankin	SA	Educator	Mat, Studio, Reformer	<a href="mailto:kylie@pivotalphysio.com.au">kylie@pivotalphysio.com.au</a>	0408 498 170	08 8342 5593	Pivotal Physiotherapy and Pilates	133 Archer St North Adelaide, SA
Melissa	Anderson	SA	Mentor	Mat, Studio, Reformer	<a href="mailto:melissa@korpermotuspilates.com.au">melissa@korpermotuspilates.com.au</a>	0409 837 729		Korpermotus Pilates	Level 1, 123 Unley Road, Unley 5061
Emma	Fletcher	SA	MIT: Mat Mentor: Studio	Studio	<a href="mailto:fletcher.emma@me.com">fletcher.emma@me.com</a>	0467 601 501	08 88252862	Advanced Physio Solut	21 Ellen Street, Moonta, SA
Serena	Murphy	SA	Mentor	Mat, Studio, Reformer	<a href="mailto:info@physioandpilatesatthebay.com.au">info@physioandpilatesatthebay.com.au</a>	0421 939 224		Physio and Pilates at the	118 Partridge St, Glenelg South 5045
Kelsy	Gous	SA	Mentor	Mat	<a href="mailto:kelsey.gous@outlook.com">kelsey.gous@outlook.com</a>	0418 141 151	08 8293 1100	Smart Health Trg Svs	12/22 Richmond Rd, Keswick SA 5035
Phil	Ladlow	TAS	Educator	Studio/Rehab	<a href="mailto:phil@polestarpilates.com.au">phil@polestarpilates.com.au</a>	0407 060 254	03 6224 9777	AllCare Physiotherapy	68 Sandy Bay Road, Sandy Bay TAS 7005
Jude	Hillhouse	TAS	Mentor	Mat, Studio, Reformer	<a href="mailto:judehillhouse@gmail.com">judehillhouse@gmail.com</a>	0418 820 430		The Body Loft	
Natalie	Whish-Wilson	TAS	Mentor	Mat, Studio, Reformer	<a href="mailto:Natalie@inbalancephysio.com.au">Natalie@inbalancephysio.com.au</a>	0437 707 123	03 6334 4766	In-Balance Physio & Pilat	18-20 Paterson St, Launceston TAS 7250
Nicholas	Allan	VIC	Educator	Studio/Rehab	<a href="mailto:nicholas@polestarpilates.com.au">nicholas@polestarpilates.com.au</a>	0402 128 308	03 9606 0600	Winter Sports Physiotherapy	Level 2, The O'Brien Group Arena 105 Pearl River Road, DOCKLANDS, VIC 3008
Kellie	Miller	VIC	Educator	Mat, Studio, Reformer	<a href="mailto:kellie@polestarpilates.com.au">kellie@polestarpilates.com.au</a>	0499 019 777		Move Well With Me	12 Buninyong, Yarraville VIC 3013
Lochie	Ngo	VIC	Educator	Mat, Studio, Reformer	<a href="mailto:lochie@polestarpilates.com.au">lochie@polestarpilates.com.au</a>	0422 545 114	03 9428 3330	Dynamic Stability	Level 1, 161-165 Swan St, RICHMOND, VIC, 3121 Suite 5-7, 83 Glen Eira Road, RIPPONLEA 3185
Darren	Stojanovic	VIC	Educator	Mat, Studio, Reformer	<a href="mailto:darren@polestarpilates.com.au">darren@polestarpilates.com.au</a>	0407 452 837	03 9428 3330	Dynamic Stability	Level 1, 161-165 Swan St, RICHMOND, VIC, 3121
Kimi	Broadbent	VIC	Educator	Mat, Studio, Reformer	<a href="mailto:kimi@polestarpilates.com.au">kimi@polestarpilates.com.au</a>	0413 443 490		The Pilates Vibe	2/132 Nepean Hwy, Aspendale, VIC 3195
Barbara	Scafid	VIC	Educator	Mat, Studio, Reformer	<a href="mailto:barbara@polestarpilates.com.au">barbara@polestarpilates.com.au</a>	0411 877 998		Fluid Pilates Inform Physiotherapy	158 Johnston St, Collingwood VIC 3066 87 Arthur St, Fairfield VIC 3078
Karin	Krouse	VIC	Asst Ed/Mentor	Mat, Studio, Reformer	<a href="mailto:karinkrouse@bigpond.com">karinkrouse@bigpond.com</a>	0404 137 092	03 9428 3330 03 9482 1177	Dynamic Stability Body Centre Pilates	Level 1, 161-165 Swan St, RICHMOND, VIC 3121 268 Wingrove St, Fairfield, VIC 3078
Andrew	Fitzgerald	VIC	Mentor	Studio/Rehab, Reformer	<a href="mailto:myofitzgerald@hotmail.com">myofitzgerald@hotmail.com</a>	0425 182 206	03 9428 3330	Dynamic Stability	Level 1, 161-165 Swan St, RICHMOND, VIC, 3121
Ingrid	Lamb	VIC	Mentor	Mat, Studio, Reformer	<a href="mailto:ingrid@polestarpilates.com.au">ingrid@polestarpilates.com.au</a>	0447 110 512		The Pilates Place	11 Stortford Avenue, Ivanhoe VIC 3079
Robyn	Simmons	VIC	MIT	Reformer	<a href="mailto:robysimmons@cuepilates.com">robysimmons@cuepilates.com</a>	0439 909 460		Cue Pilates Studio	10 Station Street, Kew East VIC 3102
Sharon	van Geelen	VIC	Mentor	Mat, Reformer	<a href="mailto:sharonangeelen@outlook.com">sharonangeelen@outlook.com</a>	0402 890 581		Move at Will Move Move	19 Princeton Drive, Keysborough 3173 2/168 Chesterville Rd, Cheltenham VIC 3192
Marta	Van Heerden	VIC	Mentor	Mat, Studio/Rehab	<a href="mailto:solvmosimarta@yahoo.co.uk">solvmosimarta@yahoo.co.uk</a>	0477 727 337		Precision Pilates Parkdale	147 Como Parade E, Parkdale VIC 3195
Kelly	Chris	VIC	Mentor	Reformer	<a href="mailto:chriskellypilates@gmail.com">chriskellypilates@gmail.com</a>	0450 009 633	03 9650 2220	The Movement Refinery The Alignment Studio	526 Nicholson Street, Fitzroy North, VIC 3068 Shop 19, 45 Collins Street, Melbourne VIC 3000
Cindy	Davis	WA	Educator	Studio/Rehab	<a href="mailto:cindy@polestarpilates.com.au">cindy@polestarpilates.com.au</a>	0422 717 717	08 9228 2778 08 9286 1000	Performance Pilates & Physio	189 Carr Place, Leederville WA 6007 110 Napier St, Cottesloe WA 6011
Renee	Hamersley	WA	Educator	Mat, Reformer	<a href="mailto:renee@polestarpilates.com.au">renee@polestarpilates.com.au</a>	0415 316 564		RENZ Pilates	Cottesloe WA 6011 (PO Box 819)
Audrey	Ng	WA	Educator	Mat, Studio, Reformer	<a href="mailto:audrey@polestarpilates.com.au">audrey@polestarpilates.com.au</a>	0407 407 531	08 9228 2778	Performance Pilates & Physio	189 Carr Place, Leederville WA 6007
Lisa	Nikolich	WA	Educator	Mat, Studio, Reformer	<a href="mailto:lisan@polestarpilates.com.au">lisan@polestarpilates.com.au</a>	0400 830 645	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth, WA 6006
Elizabeth	Wilson	WA	Educator	Mat, Studio, Reformer	<a href="mailto:liz@polestarpilates.com.au">liz@polestarpilates.com.au</a>	0429 482 951	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth, WA 6006
Karolina	Nesterowicz	WA	Educator	Mat, Studio, Reformer	<a href="mailto:karolina@polestarpilates.com.au">karolina@polestarpilates.com.au</a>	0431 969 198	08 6110 3331	Embody Physiotherapy + Pilates	29 Murray St. Como WA 6152
Vivian	Dias Lopes	WA	Educator	Mat, Studio, Reformer	<a href="mailto:vivian@polestarpilates.com.au">vivian@polestarpilates.com.au</a>	0449 702 206	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006
Jen	Cooksey	WA	Educator	Mat, Studio, Reformer	<a href="mailto:jenc@polestarpilates.com.au">jenc@polestarpilates.com.au</a>	0412 164 454	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Ph	Studio Name	Studio Address
Eleonora	Angelopoulos	WA	Mentor	Mat, Reformer	<a href="mailto:eleonora.angelopoulos@gmail.com">eleonora.angelopoulos@gmail.com</a>	0466 252 922	08 9227 6641	The Perth Pilates Studio	6/299 Charles Street , North Perth WA 6006
Sarah	Ashe	WA	Mentor	Mat	<a href="mailto:sarah@feather-stone.com.au">sarah@feather-stone.com.au</a>	0402 471 931		FeatherStone Pilates	16 Lochee St, Mosman Park WA 6012
Luise	Francesca	WA	Mentor: Mat MIT: Studio	Mat, Reformer	<a href="mailto:luise.francesca@yahoo.com">luise.francesca@yahoo.com</a>	0417 030 000	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006
Janine	Murray	WA	Mentor MIT: Studio	Mat	<a href="mailto:janine_murray3@hotmail.com">janine_murray3@hotmail.com</a>	0433 881 003		Performance Pilates & Physio	189 Carr Place, Leederville WA 6007
Elise	Ntoumenopoulos	WA	Mentor	Mat	<a href="mailto:elise@mvmtsociety.com.au">elise@mvmtsociety.com.au</a>	0438 928 402		The Movement Society	109 Broome St, Cottesloe WA 6011
Duilia	van der Merwe	WA	Mentor	Mat, Studio, Reformer	<a href="mailto:duiliavdm@gmail.com">duiliavdm@gmail.com</a>	0488 776 325	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006