

POLESTAR PILATES MENTORS/EDUCTORS - AUSTRALIA

Feb-24

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Ph	Studio Name	Studio Address
Louise	Kan	ACT	Educator	Mat + Studio	louise@polestarpilates.com.au	0417 040 974		Centre Space Pilates	18 Jansz Cres Griffith 2603
Claire	Gunther	ACT	Ass Educator	Mat + Studio	claire@pilatescan.com.au	0409 592 229	0419 777 477	PilatesCan Manuka PilatesCan Woden	Level 1, Manuka Arcade, 22 Franklin Street, Manuka ACT 2603 Level 2, Canberra Health Point, 16 Wilbow Street, Woden ACT 2607
Ashlee	Bye	ACT	Mentor	Mat	ashlee.sam@hotmail.com	0407 488 756	02 6253 2388	Clinic 88 Pilates	2A Lawry Place, Macquarie ACT 2614
Melanie	North	NT	Mentor	Mat + Studio	melanieknorth@icloud.com info@encorepilates.com.au	0433 587 075 0417 003 974		Encore Pilates	47 Stewart Hwy, Stuart Park, Darwin NT
Joanne	Bezzina	NSW	Educator	Mat + Studio	joanne@polestarpilates.com.au	0407 485 468		Pilates on George	Dymocks Building, Suite 16a, Level 9, 428 George Street Sydney, NSW 2000
Catherine	Giannitto	NSW	Educator	Mat + Studio	catherine@polestarpilates.com.au	0416 117 069	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Luisa	Saiter Lins	NSW	Educator	Mat + Studio + Ref	luisa@polestarpilates.com.au	0411 314 956		Plank Pilates	Shop 3/1026 Pittwater Rd, Collaroy NSW 2097
Debbie	Thomas	NSW	Educator	Rehab	deborah@polestarpilates.com.au	0419 244 075	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lissie	Field	NSW	Ass Educator	Mat + Studio + Ref	lissie@polestarpilates.com.au	0414 583 872	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Angela	Black	NSW	Ass Educator	Studio + Studio	angela@polestarpilates.com.au	0414 946 452	0426 615 280	Zentrum Pilates Studio	7/10 Galdstone Road, Castle Hill NSW 2154
Sarah	Barrett	NSW	Ass Educator	Mat + Studio + Ref	sarah@polestarpilates.com.au	0407 998 443	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Tracy	Gerza	NSW	Ass Educator	Mat + Reformer	tracy.gerza_fdcdesign@live.com	0434 723 018		Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Carrie	Guest	NSW	Asst Educator	Mat + Ref + Studio	hello@thepilatesnook.com.au	0410 903 871	0410 903 871	The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Katherine	Smith	NSW	Ass Educator	Mat + Ref + Studio	katherinelisasmith@gmail.com	0416 345 967		The Pilates Refinery	1/25 Daley Avenue, Pagewood NSW 2035
Karen	Lee	NSW	Ass Educator	Studio + Mat + Ref	karen.lee.at.manly@gmail.com	0431 349 597	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lana	Johnson	NSW	Ass Educator	Rehab	lane@bpstensegrity.com	0424 972 386	02 8544 1757	BPS Tensegrity	Unit 16, 70-72 Captain Cook Drive, Taren Point, NSW 2229
Karin-Anne	Abercrombie	NSW	Mentor	Mat + Studio	karin_abcrombie@hotmail.com	0420479 936		The Pilates Boutique	10 Daisy St North Balgowlah 2093
Joscelyn	Baker	NSW	Mentor	Mat + Studio + Ref	joscelyntbaker@gmail.com	0405 645 700	02 9091 9400 0415 715 052	Polestar Pilates Village Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100 7 17/15 Stanley St, St. Ives NSW 2075
Pei-Jiun	Cheah	NSW	Mentor	Rehab	peijiun.cheah@gmail.com	0404 481 652	028068 4696	Mind Heart Body Centre	Suite 3, 92 Hampden Road, Artarmon 2064
Pamela	Facundo	NSW	Mentor	Reformer + Rehab	pam_clapis@hotmail.com	0430 943 989		Mg Pilates The Pilates Nook	128A Erskineville Road, Erskineville 38C Macpherson Street, Bronte NSW 2024
Melissa	Franks	NSW	Mentor	Mat + Studio	melissasiniawski@hotmail.com	0424 467 751		Esprit Pilates & PT	15 Macquarie Pl Glossodia NSW 2756
Shira	Rosenberg	NSW	Mentor: Rehab MIT: Mat	Rehab	shirag23@gmail.com	0414 914 796		The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Emma	Horning	NSW	Mentor	Mat + Studio	emma_mail@hotmail.com , emma@squareonephysio.com.au	0420436 620	02 9968 3424	SquareOne Physio & Pilates	1/374 Sydney Road, Balgowlah NSW 2093 Lvl 1, Bridgepoint Shopping Cntr, Cnr Military Rd & Brady St, Mosman NSW
Vanessa	Lee	NSW	Mat MIT: Studio	Mat	vanessaannlee1@gmail.com	0488 905 176		Plank Pilates, Narrabeen	Shop 3/1026 Pittwater Rd, Collaroy NSW 2097
Lauren	MCGrath	NSW	Mentor	Studio + Mat + Ref	hello@improveyou.au	0425 286 945		Improve Your Pilates Studio	Home studio in Stanhope Gardens
Lucy	Watts	NSW	Mentor: Studio MIT: Mat	Studio	info@studio2158.com.au	0413 329 270		Studio 2158	895 Old Northern Road, Dural, NSW 2158
Simmons	Cser	NSW	MIT: Studio Mentor: Mat/Ref	Mat + Reformer	pilates44@gmail.com	0418 670 020		Pilates44	1/82 George Street, Bathurst, NSW, 2795
Kimberley	Garlick	NSW/QLD	Educator	Mat + Studio + Ref	kimberley@polestarpilates.com.au	0411 622 330	02 6622 0057	Northern Rivers Pilates and Remedial Massage	210 Keen St, Lismore NSW 2480
Dav	Cohen	NSW/QLD	Educator	Mat + Studio + Ref	dav@byronbaypilates.com.au	0434 725 011	02 6685 8049	Byron Bay Pilates & Physiotherapy	Shop 5 / 130 Jonson St, Byron Bay, NSW
Katherine	Ma	QLD	Educator	Studio + Mat	katherinema@polestarpilates.com.au	0408 066 028		Pure Living Pilates	2 Executive Drive, Burleigh Waters QLD
Keely	Mancini	QLD	Educator	Studio + Mat	keely@polestarpilates.com.au	0424 609 493		Pilates Box Wooloowin	16 Price Street Wooloowin 4030
Kristen	Eales	QLD	Educator	Rehab + Ref	kristen.eales@thebodyrefinery.com.au	0415 445 469	07 3358 3915	The Body Refinery	Unit 2/15 Lamington Street, New Farm, Qld, 4005
Amanda	Erlank	QLD	Educator	Studio, Mat + Ref	amanda@kinectedpilates.com.au	0420308 565		Kinected Pilates Studio	18/247 David Low Way, Peregrin Beach, QLD 4573
Sarah	Holloway	NSW/QLD	MIT-Studio Mentor-Mat	Mat	sarah@hellomyobody.com	0438 190 060		The Essential Movement	4/38 Carrington Street, Lismore NSW 2480
Rachel	Reid	QLD	Mentor	Studio + Mat + Ref	rachel.lee.reid@gmail.com	0402 424 504		Studio 4 Injury Rehab	4A 18-20 Stuart St Tweed Heads 2585.

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Ph	Studio Name	Studio Address
Maddison	Garlick	QLD	Assistant Educator		maddie_garlick@hotmail.com		02 6622 0057	Northern Rivers Pilates	210 Keen St, Lismore NSW 2480
Jenni	Guest	SA	Educator	Rehab + Mat	jenni@polestarpilates.com.au	0438 296 613	08 8293 1100	Smart Health Trg Svs	12/22 Richmond Rd, Keswick SA 5035
Brad	Jamieson	SA	Educator	Mat + Studio	brad@polestarpilates.com.au	0414 781 466		Extend Pilates	193 Port Rd Queenstown SA
Kylie	Rankin	SA	Educator	Rehab + Mat	kylie@pivotalphysio.com.au	0408 498 170	08 8342 5593	Pivotal Physiotherapy and Pilates	133 Archer St North Adelaide, SA
Melissa	Anderson	SA	Assistant Educator	Studio + Ref	melissa@korpermotuspilates.com.au	0409 837 729		Korpermotus Pilates	Level 1, 123 Unley Road, Unley 5061
Emma	Fletcher	SA	MIT: Mat Mentor: Studio	Studio	fletcher.emma@me.com	0467 601 501	08 88252862	Advanced Physio Solutions	21 Ellen Street, Moonta, SA
Kelsey	Gous	SA	MIT: Studio Mentor: Mat		kelsey.gous@outlook.com	0418 141 151		Smart Health Trg Svs	12/22 Richmond Rd, Keswick SA 5035
Serena	Murphy	SA	Mentor	Mat + Rehab	info@physioandpilatesatthebay.com.au	0421 939 224		Physio and Pilates at the Bay	118 Partridge St, Glenelg South 5045
Phil	Ladlow	TAS	Educator	Rehab	phil@polestarpilates.com.au	0407 060 254	03 6224 9777	AllCare Physiotherapy	68 Sandy Bay Road, Sandy Bay TAS 7005
Jude	Hillhouse	TAS	Mentor	Mat + Studio	judehillhouse@gmail.com	0418 820 430		The Body Loft	
Nicholas	Allan	VIC	Educator	Rehab	nicholas@polestarpilates.com.au	0402 128 308	03 9606 0600	Winter Sports Physiotherapy	Level 2, The Obrien Group Arena, 105 Pearl River Road, DOCKLANDS, VIC 3008
Lochie	Ngo	VIC	Educator	Rehab	lochie@polestarpilates.com.au	0422 545 114	03 9428 3330	Dynamic Stability	Level 1, 161-165 Swan St, RICHMOND, VIC, 3121 Suite 5-7, 83 Glen Eira Road, RIPPONLEA 3185
Darren	Stojanovic	VIC	Educator	Rehab	darren@polestarpilates.com.au	0407 452 837	03 9428 3330	Dynamic Stability	Level 1, 161-165 Swan St, RICHMOND, VIC, 3121
Barbara	Scafidi	VIC	Educator	Mat + Studio	barbara@polestarpilates.com.au	0411 877 998		Fluid Pilates Inform Physiotherapy	158 Johnston St, Collingwood VIC 3066 87 Arthur St, Fairfield VIC 3078
Karin	Krouse	VIC	Asst Ed/Mentor	Mat + Studio	karinkrouse@bigpond.com	0404 137 092	03 9428 3330 03 9482 1177	Dynamic Stability Body Centre Pilates	Level 1, 161-165 Swan St, RICHMOND, VIC 3121 268 Wingrove St, Fairfield, VIC 3078
Sharon	Van Geelen	VIC	Assistant Educator MIT: Mat	Mat + Reformer	sharonvangeelen@outlook.com	0402 890 581		Move at Will Move Move	19 Princeton Drive, Keysborough 3173 2/168 Chesterville Rd, Cheltenham VIC 3192
Ingrid	Lamb	VIC	Mentor	Mat + Studio	ingrid@thepilatesplace.com.au	0447 110 512		The Pilates Place	11 Stortford Avenue, Ivanhoe VIC 3079
Robyn	Simmons	VIC	MIT	Reformer	robysimmons@cuepilates.com	0439 909 460		Cue Pilates Studio	43 Gardenia , Balwyn North VIC 3104
Marta	Van Heerden	VIC	Mentor	Mat + Studio	solymosimarta@yahoo.co.uk	0477 727 337		Precision Pilates Parkdale	147 Como Parade E, Parkdale VIC 3195
Gillian	Staal	VIC	Assistant Educator		gillianstaal@hotmail.com	0497 502 499		Movementality S3	3/ 374 Victoria Street 3121 Three studios in Melbourne. Ripponlea, South Melbourne and Hawksburn
Kirsty	Moody	VIC	Mentor	Studio	info@equilibriumpilates.com.au	0419 296 555		Equilibrium Pilates	69 Boundary Road, Romsey, VIC 3434
Renee	Hamersley	WA	Educator	Mat	renee@polestarpilates.com.au	0415 316 564		RENZ Pilates	Cottesloe WA 6011 (PO Box 819)
Audrey	Ng	WA	Educator	Rehab	audrey@polestarpilates.com.au	0407 407 531	08 9228 2778	Performance Pilates & Physio	189 Carr Place, Leederville WA 6007
Lisa	Nikolich	WA	Educator	??	lisan@polestarpilates.com.au	0400 830 645	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth, WA 6006
Elizabeth	Wilson	WA	Educator	Studio + Mat	liz@polestarpilates.com.au	0429 482 951	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth, WA 6006
Karolina	Nesterowicz	WA	Educator	Rehab	karolina@polestarpilates.com.au	0431 969 198	08 6110 3331	Embody Physiotherapy + Pilates	29 Murray St. Como WA 6152
Vivian	Dias Lopes	WA	Educator	Rehab + Mat	vivian@polestarpilates.com.au	0449 702 206	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006
Jen	Cooksey	WA	Educator		jenc@polestarpilates.com.au	0412 164 454	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006
Hannah	Watt	WA	Assistant Educator MIT: Mat	Studio	hannahwatt@me.com	0421 838 569	08 9228 2778	Performance Pilates & Physio On the Green Physio & Pilates	189 Carr Place, Leederville WA 6007. Wesley College Sports Club, Cnr Angelo & Coode Street, South Perth 6151
Duilia	van der Merwe	WA	Ass Educator: Mat Mentor	Studio + Mat	duiliavdm@gmail.com	0488 776 325	08 9227 6641	Perth Pilates Studio	6/299 Charles St, North Perth WA 6006
Eleonora	Angelopoulos	WA	Ass Educator Mentor	Reformer + Mat	eleonora.angelopoulos@gmail.com	0466 252 922	08 9227 6641	The Perth Pilates Studio	6/299 Charles Street , North Perth WA 6006
Sarah	Ashe	WA	Mentor	Mat	sarah@feather-stone.com.au	0402 471 931		FeatherStone Pilates	16 Lochee St, Mosman Park WA 6012
Elise	Ntoumenopoul	WA	Mentor	Mat	elise@mvmtsociety.com.au	0438 928 402		The Movement Society	109 Broome St, Cottesloe WA 6011
Talita	Sartorio	WA	Mentor	Studio + Mat + Reformer	talita.sartorio@gmail.com	0410 230 333	08 9227 6641	The Perth Pilates Studio Balance Pilates Studio	6/299 Charles St, North Perth WA 6006 322 Stirling Highway, Claremont WA 6010
Linda	Gallacher	WA	Mentor		lmartincevic@hotmail.com	0419 924 716		Let's Get Moving Pilates	10 Cantara Rise, Ocean Reef, WA 6027